

Medicinal Herb and Tea Gardens in Manor House.

The Castle Climbing Centre....

Is looking for a Monday volunteer crew to help grow medicinal herbs, teas and make herbal products.

This placement is unpaid, although volunteers receive lunch, tea and cake from the Castle café as well as given the opportunity to collect climbing credits and learn the ropes.

The volunteers will also learn all aspects of running a Herb Garden project by:

Assisting the herb and herbal product co-ordinator, and other garden staff on site one day a week. **Mainly Mondays from 11am – 4pm.** Tasks include helping to harvest, dry and process the successful range of herbal teas for sale in the Castle Café. Also sowing, planting, weeding, watering the medicinal herb gardens & taking part in herbalising the garden events.

We also plan to expand the medicinal range of plants into a sustainable local resource and grow to make herbal products that are already for sale in the Castle shop.

About Castle Climbing

The Castle Climbing Centre is the premier indoor climbing center in South East England and receives more visitors than any other climbing center in the UK. It is housed within a magnificent and imposing Victorian building which was formerly a water pumping station at Manor House in North London.

Since 30th May 2009, the Castle has been working hard to implement an environmental policy with the aim of “making the Castle Climbing Centre a benchmark for environmental and economic sustainability and to demonstrate that there is a place for sport and commerce in a sustainable future without compromising financial success and high standards.” In 2012/13 The Castle won three major environmental awards

Castle Garden Project

since September 2009, we have been working to develop the 2 acres surrounding the center in order to realize its full potential. The vision to create a productive garden with areas for growing and climbing, as well as relaxation, based on the principles of permaculture design. The garden has café plots growing teas, a forest garden with fruit & nut trees, medicinal herb beds, bee hives, a round house and cob oven.

The garden is now starting to focus on production to supplement the kitchen with vegetables, herbs and fruit. We also produce herbal products for our shop. Its focus is also on education, by working with volunteers, staff and local community and through holding regular events. This community food growing garden is part of the business's environmental and social aims.

We are looking for enthusiastic people who are keen to learn how to grow and process herbs and herbal medicines in a sustainable way, enjoy working outdoors and looking to develop new skills.

Additional information about the Castle and the garden can be found on our website

www.castle-climbing.co.uk

If after reading the information you would like to apply,

Please contact garden@castle-climbing.co.uk

